

The Paragon Times

March 2008

Volume 2, Issue 1

Colouring In Competition

Holiday Fun Program

There will be a Fun Program on the

23rd of April 2008

Cost: \$7.00

Bookings are essential.

Drop the kids off and away you go!

Children must be 6yrs + to attend.

Congratulations to Emma Mulraney on winning the Colouring in competition.

Emma won the Polaris 140 Pool Cleaner and Crayola Caddy.

A big thanks to Zodiac who ran this competition. The entries were excellent and to pick a winner was extremely difficult.



Well Done to everyone and you still have a chance to win the Zodiac Pool or Boat as all the

entries were sent to Zodiac Group Australia for the National Draw.

Inside this issue:

Using up Make-ups	2
Swimmers of the term Holiday Lessons	2
The Car Park	2
If you can use us then we can use you!	3
Calendar of Events	4
Kids Splash Zone	5
Around the Pool Family Update	6

Bookings For Term 2 2008

Deposits are now due for Term 2.

How to book in for the following term:-

- 1) Pay \$10.00 (min) deposit Per child (or full amount) to guarantee a place in the class. **Deposit must be paid by 31st March 2008**
- 2) There will be 9 lessons for Monday classes in Term 2. All others days will be 10 lessons.

NB: Deposits are

non-refundable

after the first lesson of the new term.

Cost of 9 lessons Paid

Upfront: \$104.40

Cost of 9 lessons paid by

Installments \$117.00

Cost of 10 Lessons paid

Upfront: \$116.00

Cost of 10 lesson by

Installments: \$130.00

Missed Lessons

If your child is unable to attend a lesson you must inform us prior to commencement of that class. You can then use that lesson as a make up in the same term or family fun pass. You can only use your make up's in the following term if your child is booked into classes and paid for.



The Paragon Times

Holiday Lessons

In the April School Holidays, swimming lessons will run for one week commencing on the 14th of April and finishing on the 18th of April. Holiday lessons are an intensive everyday program that can greatly benefit your child's swimming skills.

Places are limited so get in early to avoid disappointment.

Cost: \$45.00 per student.

NB. Due to the fact that these lessons are at a discounted price there will be no family discounts.

Using up Make-ups!

All our families will be familiar with make-ups! Whenever your children miss a lesson you have one you need to make up. We understand that due to other commitments like sport, work and family this can sometimes be a bit like hard work. If you have more than one child it can also be hard to find a time to schedule a make-up that suits everyone.

So now you can now use those make-up lessons for other classes at the Paragon Swim Centre.

One make up lesson can be converted to..

2 x Hydrocise Classes

2 x Senior Aqua Classes

1 Family Fun Pass

(allows 2 adults and up to 3 children to swim)

1 x Adult lesson.

You do not need to be booked into adult lessons to be eligible.

So if you are finding it hard to make the most of those missed lessons feel free to have a chat to our friendly

staff about using this option.

Maybe you have been thinking about trying our Aqua or having lessons for yourself? This might just be a good time!

NB: The reference numbers given out do have an expiry timeframe, remember to organise makeup lessons within the current term or the following term if you are booked into it.

Swimmers of the Term

Congratulations to the following students who have been chosen by their instructors as Swimmers of the Term.

~ *Shaya Mc Callion* ~

~ *Emily Bacchus* ~

~ *Harrison Mills* ~

~ *Isabella Matto* ~

~ *Dylan Paul* ~

~ *Dominic Latte* ~

~ *Sarah Armstrong* ~

~ *Lachlan Coles* ~

~ *Lachlan and Breanna*

Fairbank ~

~ *Connor Barry* ~

~ *Georgia Brunnings* ~

~ *Chelsea Brunnings* ~

~ *Amber Habbershaw* ~

~ *Rivini Gamatchi* ~

~ *Brianna Williamson* ~

~ *Lily Griffiths* ~

~ *Katey Gosden* ~

~ *Paige Cowles* ~

~ *Mia Crisante* ~

~ *Darcy Mc Donald* ~

~ *Aaliyah Crafter* ~

~~~~~

Dear Parents...

At the Paragon we

appreciate your

feedback and

suggestions. We are

always ready to grow

and improve our

performance. We

would also love to hear

when you're happy with

us. Please feel free to

have a chat with our

staff, anytime.

## The Car Park

Everyone will be aware that sometimes it is not an easy task obtaining a car park at the centre.

Unfortunately there seems to be an alarming increase in "car park rage" occurring and we find this quite distressing. Sometimes arriving a little earlier will make it easier to get a park.

However if you cannot find a park there is some street parking available. There is also the O-bahn parking lot and Tea Tree Plaza is only a short walk if you find that nothing else is available.

We would also ask that everyone take into consideration that our businesses is all about

family. Most importantly, about children. There is almost always children in our car park and we believe that these incidents are something our children should not be subjected to. Thank you for your understanding in this matter.

# If you use us then we can use you!

This page is dedicated to patrons of the Paragon Swim Centre and those businesses that we would highly recommend.

*Bathroom Impressions*

Renovators in:

- Bathrooms • Kitchens
- Laundrys • Hot Water Replacements

Lic No. P.G.E 1579

Camillo Lombardi  
Proprietor  
0434 493 915  
Fax 08 8336 2382

Dominic Allegretto  
Proprietor  
0412 602 982  
Fax 08 8332 9672

**O'Briens**   
**Montessori Centre**

Playgroup & Kindergarten  
0-6 years of age

Modbury Heights  
Natasha 0402 503 094  
Jan Jonker 0413 130 945




thinking of selling?  
call us for a free  
report on the  
latest information  
in your area

*Karl*  
**0421 068 272**

*Jacqueline*  
**0433 773 199**

**FREE!**

**SELL WITH US & RECEIVE**

**MARKETING PACKAGE**

**VALUED AT \$595**

VALID MARCH & APRIL '08

MENTION PARAGON SWIM CENTRE  
(conditions apply)

**Brock** OFFICE **8266 6556**  
Harcourts Oakden  
GLOBAL. NATIONAL. LOCAL. YOU

OFFICE: 495 NORTH EAST ROAD  
HILLCREST SA 5086

Please disregard this notice if you already  
have an Agent


To place an advert in The Paragon Times please

contact Tiffany on 8396 6978

503 lower north east road  
campbelltown sa 5074

call 08 8365 0699  
fax 08 8365 0799

builders licence GL54020  
www.renditionhomes.com.au

  
m 0415 181 707  
brianj@renditionhomes.com.au

**brian johns**  
building consultant

FREE DESIGN & COSTING SERVICE built with you in mind

**AusTex Texture Coatings**

**Jason Austen**

Renovations  
Additions  
Make Overs

Phone: 0419 832 859  
Email: jason.atc@bigpond.com



✓ FREE CALLS to friends & family throughout Australia and NZ.  
✓ Save time & money  
✓ Start your own business

**Sally Curtis**  
0407 607 809  
ajsacurtis@gmail.com  
www.familychoices.acnrep.com

## Schedule of Events

- **Holiday swimming lessons. Start on the 14th of April and finish on the 18th of April.**
- **23rd of April. Holiday Fun Program**
- **25th Anzac Day. Pool is closed.**
- **28th of April. Term 2 begins.**
- **9th of June. Queen's Birthday public holiday. Centre is closed.**
- **6th of July, last day of Term 2.**

| Sun                                                     | Mon                      | Tue | Wed                    | Thu | Fri                        | Sat |
|---------------------------------------------------------|--------------------------|-----|------------------------|-----|----------------------------|-----|
|                                                         |                          | 1   | 2                      | 3   | 4                          | 5   |
| 6 Happy 9th Bday PSC<br><small>Last Day of Term</small> | 7                        | 8   | 9                      | 10  | 11                         | 12  |
| 13                                                      | 14 Holiday lessons start | 15  | 16                     | 17  | 18 holiday lessons finish. | 19  |
| 20                                                      | 21                       | 22  | 23 Holiday fun program | 24  | 25 Anzac Day               | 26  |
| 27                                                      | 28 Term 2 Begins.        | 29  | 30                     |     |                            |     |
|                                                         |                          |     |                        |     |                            |     |

# May 2008

| Sun | Mon       | Tue | Wed | Thu                         | Fri | Sat |
|-----|-----------|-----|-----|-----------------------------|-----|-----|
|     |           |     |     | 1                           | 2   | 3   |
| 4   | 5 Week 2  | 6   | 7   | 8 Shhh!! Tiffany's Birthday | 9   | 10  |
| 11  | 12 Week 3 | 13  | 14  | 15                          | 16  | 17  |
| 18  | 19 Week 4 | 20  | 21  | 22                          | 23  | 24  |
| 25  | 26 Week 5 | 27  | 28  | 29                          | 30  | 31  |

## Swim Attire

To ensure your children are getting the most out of their lessons here are a few things you might like to consider.

It is important to ensure that if your girls have long hair it is tied back adequately or in a cap. Caps are also great if your boys have longer bangs.

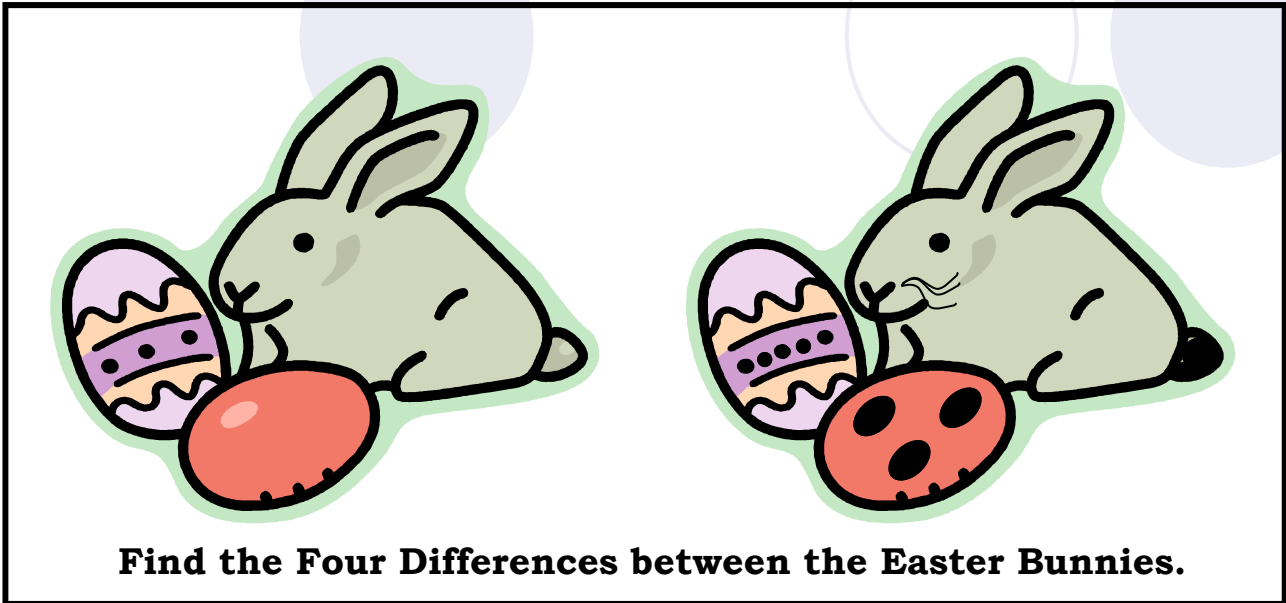
Goggles can also be beneficial as they prevent eye irritation

from the chlorine. This can seriously distract students from swimming at their best.

Bathing suits should also be practical and not hinder your child's performance. Board shorts that come below the knee make it increasingly difficult for students to perform swimming skills successfully. It is a recommendation that students wear racing style

bathers whenever possible.

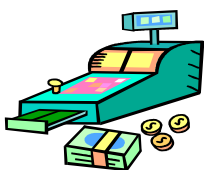
Rash vests are designed for outdoor UV protection and as such their fabric is not usually chlorine resistant. Wearing them indoors is not really necessary and may also hinder performance.



Find a word

From the mouths of babes.

A young student was apparently slightly upset that every time he gave his big money to the lady behind the desk she put it into the machine and it came out smaller. He wanted his snake and his big money too!!



|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | H | O | C | O | L | A | T | E | A | D | Y | F | P |
| H | B | G | F | S | O | N | O | O | E | C | S | E | E |
| A | E | V | H | G | V | B | D | G | Y | D | A | A | G |
| R | E | A | S | T | E | R | G | A | N | C | R | S | G |
| M | F | R | I | U | I | H | D | E | E | T | E | T | D |
| O | V | E | F | N | U | I | K | G | E | I | S | E | E |
| N | S | W | E | N | R | E | E | H | T | I | L | R | C |
| Y | O | J | T | F | E | Y | L | I | M | A | F | B | O |
| O | V | E | D | W | M | Y | W | H | O | L | E | O | R |
| F | A | O | G | M | B | I | L | B | O | I | L | N | A |
| Y | O | N | W | I | T | H | A | L | L | M | Y | N | T |
| G | O | H | E | A | R | Y | N | N | U | B | T | E | I |
| L | A | N | D | S | O | U | L | L | U | V | T | T | N |
| I | S | N | U | B | S | S | O | R | C | T | O | H | G |

- BILBO
- EGG HUNT
- JOY
- BUNNY
- FAMILY
- LONG WEEKEND
- CHOCOLATE
- FISH
- LOVE
- EASTER
- GOOD FRIDAY
- PEACE
- EASTER BONNET
- HARMONY
- EGG DECORATING
- HOT CROSS BUNS

Did you know.....

That the word *posh*, which denotes luxurious rooms or accommodations, originated when ticket agents in England marked the tickets of Travelers going by ship to the Orient. Since there was no air conditioning in those days, it was always better to have a cabin on the shady side of the ship as it passed through the Mediterranean and Suez area. Since the sun is in the south, those with money paid extra to get cabin's on the left, or Port, travelling to Asia, and on the right, or Starboard, when returning to Europe. Hence their tickets were marked with the initials for PORT OUTBOUND STARBOARD HOMEBOUND, or POSH..

The Answers to Find the Differences: 1/ Whiskers on bunny 2/ Bunny has black tail 3/ Two Extra spots on decorated egg 4/ Three spots on plain egg.



# PARAGON SWIM CENTRE

97 - 99 Smart Road  
Modbury SA 5092

Phone: 08 8396 6978  
Fax: 08 8284 7792  
Mob: 0412 470 260  
Email: paragonswim@bigpond.com

**The Trusted Name in  
Swimming Education**

[WWW.PARAGONSWIM.COM.AU](http://WWW.PARAGONSWIM.COM.AU)

## Modbury Rainbow Club

At the Modbury Rainbow Club we are always looking for support from our local community. If you feel you would like to help us expand our club you can by making a donation. You can donate items for prizes or you can make a tax deductible donation.

We are always grateful for support and your help means we can help even more children. So please if you can, support this worthwhile cause and help us put a smile on another child's face.

Also we are selling Entertainment Books to help raise funds for our club and we are doing a bulb fundraiser.



### Around the Pool....

Please keep children away from the edge of the pool during lessons. It can be distracting for children who are swimming and dangerous if they fall in. We would also appreciate it if the walkways are kept free from bags, prams and people to make it easier for everyone to get to and from their lessons. Students and parents are not permitted to enter the pool until asked to do so by their instructor. Lastly, once you have had your children checked off for their lessons please move from reception desk to ensure it is not blocked to the other families checking in. We thank you for your help and understanding with these matters.

## Family Update

### Family Update

Just a quick housekeeping note that you need to be aware of....our swimming term is only 10 weeks and will finish before the actual school term. So the very last day of our swimming lessons for Term One will be on Sunday 6th April 2008. Deposits are required to be paid before this date to confirm the booking for next term. We will be taking pictures of the parents who turn up the week that lessons aren't on, just for posterity of course nothing to laugh about. \* ;-)

Wow! What a hard term this has been, I did start the year off well with my new Lifestyle choices, healthy food, exercise. I was doing so well....then school started again. Hmmm and then to top it all off Modbury Rainbow Club decided to do fundraising chocolates so of course I had to help out there and buy a box, which I am getting through at an alarming rate. Poor hubby gets offered an egg but if he is slow to respond then

there are none left. The weight that I had lost is creeping back on.... Need to get back on track!

Kids....I feel like hubby and I are back at school, Kyle the 13 yr old has assignments that we are trying to help with, Dad is running back and forward to the library getting books for Kyle to read (something that I thought would never happen). I don't know about you but I find it difficult when boys just go slowwww.... Kyle is still learning Time Management Skills. He is a work in progress!! Zane is going ok, he has his good days and his bad days. Wyatt is loving school, he is very pedantic and is my eyes and ears for telling me what Zane and Kyle are up to. He does exactly what he is told down to the letter. I like to make the boys wear their hats to and from school when they are walking, Wyatt will do it but Lazy Zane and Too Cool Kyle don't like to wear them, unfortunately for them Wyatt will tell Mummy and they will get told "to

wear their hats or else!" You've gotta have one spy don't you!! Our two little ones that are still at home are driving us nuts!! Larissa (3yr) has now become the leader of the pack, it has taken her about 5 weeks to get her head around the fact that she is going to be followed by Corbin (2yr). At the beginning of the school term she was very frustrated that Corbin was focused on her as she was used to them both following Wyatt. They are gradually playing nicely together and not arguing all the time.

On a swim centre note we will be celebrating our 9th Anniversary of opening on the 6th April. So Happy Birthday Paragon Swim Centre.

That's if for me this time, take care ,  
Happy Easter and Happy Swimming

Tracy, PSC Manager.

